

Personal Skill Assessment Form

Name: _____

School: _____

To Parents:

- ◆ **If this will be the first day your child will be skiing or snowboarding this season, please sign them up for the level BELOW their designated ability level (i.e. if your child is in the green ability level, choose the yellow ability level).**

Ski Ability Levels	Snowboard Ability Levels
<input type="checkbox"/> RED	<input type="checkbox"/> RED
First time skiers	First time snowboarders
Developing a wedge	Developing balance on the board
Developing turns and stopping	Developing turns and stopping
Gentle slopes	Getting up on the board
Lift: Little Magic Carpet and Rope Tow (Surface Lifts)	Gentle slopes
<i>RED is the lowest ability level</i>	Lift: Hiking and Little Magic Carpet (Surface Lift)
<input type="checkbox"/> YELLOW	<input type="checkbox"/> YELLOW
Makes turns using wedge	Makes toe and heel turns
Makes controlled stops	Makes controlled stops on toe and heel side
Gets up by themselves	Can control speed
Lift: Long Magic Carpet (Surface Lift)	Lift: Long Magic Carpet (Surface Lift)
<input type="checkbox"/> GREEN	<input type="checkbox"/> GREEN
Connects wedge turns	Connects toe and heel turns to make an "S "
Turns to control speed	Turns to control speed and stop
Incorporates some parallel skiing	Control of heel and toe side turns
Skis green trails	Rides the green trails
Lift: South Peak Chairlift	Lift: South Peak Chairlift
<input type="checkbox"/> BLUE	<input type="checkbox"/> BLUE
Controls speed by parallel turns	Controls speed by linking turns
Minimal falls	Minimal falls
Skis under control on blue trails	Ride under control on blue trails
Skis the South Peak terrain park	Ride the South Peak terrain park
Lifts: All Chairlifts	Lifts: All Chairlifts
<input type="checkbox"/> BLACK	<input type="checkbox"/> BLACK
Skis under control on all Trails	Ride under control on all trails
Turns easily on steeper terrain and in varying conditions	Ride under control and stop at any time
Ability to control speed by varying turn shape	Ride the terrain park in control
Lifts: All Chairlifts	Lifts: All chairlifts

All groups will be divided according to their ability level – any necessary adjustments will be made by the instructors