

# Child Health Form

To Be Completed by Child's Physician

\_\_\_\_\_  
 Last Name                                      First Name                                      M.I.                                      DOB: Mo.    Day    Year                                      Sex

Child's Address

We/I \_\_\_\_\_ Give permission to obtain or release necessary information on the above child.

**Please Return to: Mount Royal Academy, P.O.Box 362, Sunapee, N.H., 03782  
or fax: (603) 763-5390**

HISTORY: To Be completed by Physician *(This information will be held confidential and will be used only for the benefit of this child).*

- A. Prenatal, perinatal and postnatal development: Any significant findings that could influence this child's adaptation to a child care setting (i.e., physical handicap, sensory loss, developmental irregularities)?
  
- B. Any chronic illness that may require medication, particularly observations or precautions in a child care setting (e.g., recurrent ear infections, seizure disorder, **allergies**)?
  
- C. Any hospitalizations, operations, or special tests of which a child care provider should be aware?
  
- D. Pertinent family, social or health characteristics?

Immunizations for child care agency attendance

You may substitute a copy of your own immunization record

| Vaccine    | Date | Date | Date | Date | Date | Date |
|------------|------|------|------|------|------|------|
| DTP/DTaP   |      |      |      |      |      |      |
| Hib        |      |      |      |      |      |      |
| DTP-Hib    |      |      |      |      |      |      |
| Td         |      |      |      |      |      |      |
| OPV or IPV |      |      |      |      |      |      |
| MMR        |      |      |      |      |      |      |
| Hep-B      |      |      |      |      |      |      |
| Varicella  |      |      |      |      |      |      |
| Other      |      |      |      |      |      |      |

Communicable Disease History

Recommended Screening & Testing of Attendees

| Disease    | Date of Diagnosis | Laboratory Confirmation | Physician | Date                             | Method         | Result: |
|------------|-------------------|-------------------------|-----------|----------------------------------|----------------|---------|
| Chickenpox |                   | Not Applicable          |           | TB (For high risk children only) |                |         |
| Other      |                   |                         |           | Vision                           |                |         |
|            |                   |                         |           | Hearing                          |                |         |
|            |                   |                         |           | Speech                           |                |         |
|            |                   |                         |           | HIB/HCT                          | Not Applicable |         |
|            |                   |                         |           | Urine                            | Not Applicable |         |
|            |                   |                         |           | Lead                             | Not Applicable |         |

(Over)

### Health Assessment

Physical Exam:

Height \_\_\_\_\_ Percentile \_\_\_\_\_ Weight \_\_\_\_\_ Percentile \_\_\_\_\_

Head Circumference \_\_\_\_\_ Percentile \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Percentile \_\_\_\_\_

| Check (x) each Line  | Normal | Abnormal | Needs follow-up | Not Examined | Check (x) each line  | Normal | Abnormal | Needs follow-up | Examined |
|----------------------|--------|----------|-----------------|--------------|----------------------|--------|----------|-----------------|----------|
| Skin/Scalp           |        |          |                 |              | Nose, Throat, Mouth  |        |          |                 |          |
| Nutrition            |        |          |                 |              | Teeth & Gums         |        |          |                 |          |
| Neurology & Muscular |        |          |                 |              | Glands incl. Thyroid |        |          |                 |          |
| Orthopedic & spine   |        |          |                 |              | Chest, Breasts       |        |          |                 |          |
| Eyes                 |        |          |                 |              | Heart, Lungs         |        |          |                 |          |
| Ears                 |        |          |                 |              | Abdomen              |        |          |                 |          |
| Speech               |        |          |                 |              | Genitalia            |        |          |                 |          |

Temperament:  Easy-going  Average  Difficult

Comments:

#### Assessment of Physical Development:

A. Estimate of level of maturation:

- a. Infancy (0-2 years) Early: \_\_\_\_\_ Mid: \_\_\_\_\_ Late: \_\_\_\_\_
- b. Mid-Preschool (2-4 years) Early: \_\_\_\_\_ Mid: \_\_\_\_\_ Late: \_\_\_\_\_
- c. Preschool (4 years) Early: \_\_\_\_\_ Mid: \_\_\_\_\_ Late: \_\_\_\_\_
- d. School-age (6-10 years) Early: \_\_\_\_\_ Mid: \_\_\_\_\_ Late: \_\_\_\_\_
- e. Adolescent (11-18 years) Early: \_\_\_\_\_ Mid: \_\_\_\_\_ Late: \_\_\_\_\_

B. Estimate of functional capacity:

|                 | Delayed for Develop. Phase | Consistent with Develop. Phase | Advanced for Develop. Phase | Comments |
|-----------------|----------------------------|--------------------------------|-----------------------------|----------|
| Gross Motor:    |                            |                                |                             |          |
| Fine Motor:     |                            |                                |                             |          |
| Language Skills |                            |                                |                             |          |
| Social Skills   |                            |                                |                             |          |
| Emotional       |                            |                                |                             |          |

C. Impression of child's present state of health:

D. Recommendations regarding:

- a. Medical needs:
- b. Developmental needs
- c. Family support

**Physician's Signature** \_\_\_\_\_ **Date of Exam:** \_\_\_\_\_  
**Date of Next Scheduled Exam:** \_\_\_\_\_

This form was designed expressly for child care use in conjunction with the New Hampshire Pediatric Society